

**ADNAN HAMMAD, PhD,**

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**Dr. Hammad is currently the President & CEO of Global Health Research, Management & Solutions.** In this capacity, he establishes links between health agencies, public health scientists and researchers, and the academia in the Middle East and North Africa (MENA) Region as well as their counterparts in countries with Arab immigrants, such as North America and Europe. Dr. Hammad has been a strong advocate in promoting the understanding of cultural and social determinants of health that influence relevant health behaviors, physical, and mental health conditions in Arab populations by enhancing capacity building in research, and community and mental health education. Dr. Hammad has committed to a mission in establishing national and international partnerships and collaborations aimed at improving the management of chronic disease conditions and good public health practices in Arab patient populations around the world. His global health initiatives have also been effective in eliminating health disparities and provide best practices and solutions for health promotion alongside preventing diseases in Arab and other immigrant communities in North America and MENA region. Global Health Research, Management and Solutions is a registered Michigan-US Based Public Health Enterprise. Its enrolment number is: 408797926111108041 and its Tax ID Number is: 46-5654854.

As the immediate past Senior Director and founder of ACCESS Community Health and Research Center, and the Chairman of the National and International Public Health Research Initiative, Dr. Hammad founded and directed a one-of-a-kind, community-based health and research center at the Arab Community Center for Economic and Social Services (ACCESS). He developed a holistic and culturally competent community-based program to promote, improve, and manage the health care and research needs of the Arab American community, integrating public health and environmental health, mental health and primary and specialty care. Dr. Hammad secured necessary funding for these programs by a variety of local, state, federal, and international sources. During his 20 years of career at ACCESS he raised over \$100 Million to help the medically underserved and conduct community-based participatory health research to prevent disease, reduce health disparities and promote wellness among Arab Americans and other ethnic communities with similar needs. In addition to his work experience at the Community Health and Research Center, Dr. Hammad is very active in academia, he currently serves as adjunct professor at both, Wayne State University School of Medicine, Department of family medicine and Public Health Sciences and *Michigan State University, School of Medicine, Faculty of Obstetric, Gynecology and Reproductive Biology*. His involvement in academia includes lecturing and researching in public health science and policy, social epidemiology such as, ethnicity and disease, community engagement, and promoting local and international research capacity building. He is also a consultant at the University of Michigan, school of Medicine, Health Policy.

Dr. Hammad research collaborations include: National Institute of Health (NIH), Center for Disease Control (CDC), American Diabetes Association, Michigan Department of Community Health (MDCH), Blue Cross Blue Shield of Michigan (BCBSM) and Kellogg Foundation as a Principal and Co-Principal investigator on several research projects that include both the epidemiology of diabetes and its risk factors among Arab Americans, in cooperation with Wayne State School of Pharmacy and the American Diabetes Association, and tobacco use among Arab American youth, in cooperation with NIH and Wayne State School of Nursing, and the mental health status of Arab and Chaldean immigrants and refugees of South East Michigan in cooperation with NIH and Wayne State Medical School - Family Medicine and Public Health Sciences department, and domestic violence assessment of Arab Americans in cooperation with BCBSM, just to name a few. He has authored and co-authored over 170 publications in the fields of behavioral and epidemiological research.

Dr. Hammad has extensive education and experience in public health science, policy and research at both, the local and national levels. He holds several degrees, including, a Master degree in science- applied psychology from the University of Birmingham, UK, a High Diploma in Economics and Health Policy and Administration, and a Doctorate in Public Health Policy from the Victoria University of Manchester, UK. Additionally, he has distinguished international consulting experience in the Middle East, North Africa, Europe, and North America. He has held numerous leadership roles in professional, non-profit and non-governmental organizations: Managing Director of Makassed Hospital in Jerusalem from 1989-1992; Senior Health Planner for Planning and Research Center for Health Services in Jerusalem from 1992-1995; Assistant Professor in Health Services Administration at Al-Quds University College for Medical Professions from 1992-1994; and lecturer at the Department of Education and Psychology at Birzeit University in the West Bank from 1984-1985; and Senior Director for Community Health and Research from 1995-2014.

Dr. Hammad's broad experience covers service in various capacities for a number of regional, national and international organizations. He serves as a member of the World Health Organization (WHO), Eastern Mediterranean Office, on the Advisory Committee on Health Research for the MENA Region. He was president of the Michigan Chapter of the National Arab American Medical Association (NAAMA). He is also affiliated with The American Cancer Society National Board of Directors and the Great Lakes and later lakeshore Davison, the American Near East for Refugee Aid (ANERA), Wayne State University School of Nursing Board of Visitors, Barbara Ann Karmanos Cancer Institute Board of Directors, Michigan Cancer Consortium Board of Directors, Voices of Detroit Health Initiative Board of Directors, Detroit Wayne County Health Authority, American Lung Association Board of Directors, Arab American Coalition of the American Diabetes Association, Greater Detroit Area Health Council Board of Directors, Prevention Coalition of Southeast Michigan, and was the Chairman of the 1st, 2nd, 3rd, 4th, 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> International Conference on Health Issues in the Arab American Community in collaboration with national and international health and academic institutions. He also chaired the international program of the 8<sup>th</sup> and 9<sup>th</sup> ACCESS Global Health Summits,

2018 and 2020. His international recognitions include: Health Consultant for the Harvard Institute of International Development in the Middle East and Senior Health Planner for macro and micro strategic health plans in cooperation with the World Health Organization (WHO), United Nations Relief & Works Agency (UNRWA) and the Canadian International Development Agency (CIDA) in the MENA region

He authored and co-authored over 170 publications in the fields of behavior and epidemiological research, including the ethnicity and disease special supplements on Arab American health. "Introduction: proceedings of the 4<sup>th</sup> Biennial National Conference on Health lissues in the Arab-American community." Ethnicity & Disease, Vol. 1501, Supplement 3, February 2005, S1-VII, and ACCESS Health Journal, issues No. 2013, 2015, and 2016, and ACCESS Health Journals authoring and co-authoring the proceedings of the 4, 5, 6, and 7 and 8 international Conferences on Health issues in Arab Community.

Dr. Hammad has received numerous awards for his leadership in community health, including the National Arab American Medical Association (NAAMA) presidential distinguished service award, April 2016, ACCESS Lifetime Award for community service, December 2014, the American Cancer Society's St. George National Award, in 2012, and National Humanitarian Award in 2009. He also received the Wayne State School of Medicine Pathfinders in Medicine Award in 2004, the first Arab American to be so honored for leadership initiative in promoting and improving the health status of the Arab American community.

## **EDUCATION**

Doctor of Philosophy (PhD), Public Health Policy; Victoria University of Manchester, School of Health Services Policy and Management, Manchester, United Kingdom, May1989.

Post-graduate Diploma, Health Services Administration- Health Economy, Victoria University of Manchester, Faculty of Economics and Social Studies, Manchester, United Kingdom, July1986.

Master of Science (MSc.), Applied Psychology, University of Aston, Aston Management School, Birmingham, United Kingdom, December 1984.

Bachelor of Arts (BA), Sociology (major), Psychology (minor), Birzeit University, West Bank, March 1983.

## **AWARDS (Selected List)**

The National Arab American Medical Association (NAAMA) presidential distinguished service award, April 2016.

ACCESS Lifetime Award, 2014, in recognition of 20 years of leadership and service to the medically underserved community.

American Cancer Society, St. George National Award. Awarded for displaying

humanitarian spirit in doing humanitarian work locally, nationally and internationally. Lansing, Michigan 2012.

*American Cancer Society National Humanitarian Award*, Los Angeles, awarded for playing a critical role in the founding, growth, and development of the Arab Community Health and Research Center., November 2009.

*Karmanos Cancer Institute Heroes of Breast Cancer, Community Service Award*, Detroit, Michigan, October 2008. Awarded for establishing and funding a language appropriate and culturally competent cancer early detection and screening program serving Arab American women and other minority women groups in south East Michigan.

*Wayne State University School of Medicine Pathfinders in Medicine Award*; first Arab American to receive this award in recognition of leadership initiative in promoting and improving the health status of the Arab American community in the United States, Detroit, Michigan, 2004.

*National Arab American Medical Association Board of Directors (NAAMA) Award* in recognition of vision, dedication and collaboration, Michigan, 2004.

*NAAMA: Leadership Appreciation Award*, in appreciation of supporting the National Arab American Medical Association 19<sup>th</sup> International Medical Convention in Beirut, Lebanon, June 2004.

*Michigan Cancer Consortium Executive Committee: MCC Award* in recognition of leadership, dedication and services, Lansing, Michigan 2001-2003.

*Community Health Professional Champion Award*, Molina Health Care of Michigan, in recognition of his passion and belief that proactive and preventive measures are the most effective ways to ensure the overall health and well-being of the community-at-large. Dr. Hammad created and directs the community-based health and research center, March 2007

## **PROFESSIONAL EXPERIENCE**

**President & CEO, Global Health Research, Management & Solutions, June 1, 2014 -present.** In his capacity as the President and CEO of Global Health Research, Management and Solutions, DR. Hammad establishes links between researchers and scientists and other academic health agencies in the Middle East and North Africa (MENA) Region as well as their counterparts in countries with Arab immigrants, such as North America and Europe. Dr. Hammad has been a strong advocate in promoting the understanding of cultural and social determinants that influence relevant health behaviors, physical, and mental health conditions in Arab populations by enhancing capacity building in research and education. My goal is to create international partnerships and collaborations that aim at improving the management of chronic disease conditions in Arab patient populations around the world. Dr. Hammad global health initiatives and services have also been effective in identifying barriers and solutions to effective health delivery system alongside preventing diseases in Arab and other immigrant communities. His professional expertise also includes strategic

planning and public health program development, capacity building in research, environment health, women and child health, health policy and administration, ethnicity and disease, diabetes and related risk factors, mental health, substance abuse, infectious diseases, and health security, just to name few.

**International Consultant to the Dean, American University of Beirut Faculty of Health sciences**, Beirut Lebanon, April 2018 and 2019.

**International Scientific Program Consultant**, 8<sup>th</sup> International Summit: Call for Action, Health Equity and Social Justice. ACCESS, Michigan, January 2016-present.

**Clinical Professor Adjunct, Wayne State University School of Medicine, Department of Family Medicine and Public Health Sciences**, 2006-present.

**Clinical Professor Adjunct, Wayne State University School of Medicine, Department of Internal Medicine**, 2016-present

**Professor Adjunct, Michigan State University, School of Medicine, Faculty of Obstetric, Gynecology and Reproductive Biology, Lansing, Michigan, 2010-present** 2010 present.

**Professor Adjunct, Michigan State University Faculty of Family Medicine**, 2015-present.

**Consultant, University of Michigan Center for Health Communications and Research** Engaging Michigan Communities in Deliberations about Medicaid Priorities., 2014 present.

**Consultant, Michigan Department of Community Health.** Arab Behavior Health Risk Survey, 2013 and 2016 MDCH, Lansing 2012 –Present. The first ever MDCH BHRS 2013 was already published in 2011- present.

**Consultant, University of Michigan, Deliberative Engagement Community in Decisions about Research Spending Study. DECIDERS Study** will develop and evaluate a mechanism to engage communities, particularly minority and underserved communities, in informed deliberations about health research spending priorities, University of Michigan Center for Health Communications and Research, 2012-present

**Senior Director, ACCESS Community Health & Research Center Chairman, National & International Health Research Initiative, ACCESS, July 1, 2009- May 30<sup>th</sup>, 2014.** Oversaw the Community Health & Research Center's successful outcomes in its five main divisions of practice: medicine, mental health, public health, research, and environment. My focus was on building a capacity-building process and practice to share ACCESS community health-based model nationally and internationally and promote collaborative and comparative research globally. Also oversaw strategic planning and thinking at the community health and research level and the organization,

relative to its integration strategy. Collectively planned and implemented the National Conference on Health Issues in the Arab American Community in the US and in the Middle East. Responsible for developing community health programs at both the national and international level and ensures the necessary funding for developing these programs and services. Represented Arab Americans by serving on local and national boards of directors and developing collaborative relations with local, national and international health and academic agencies.

***Director, Community Health, Mental Health and Research, ACCESS, 1995-June 2009***

Developed and oversaw health, mental health, environment and medical operations, including: Family and Surgical Care, Mental Health, Family Counseling, and Psychiatric Care, Environment and Environment Health Research, Adolescent Health, AIDS/HIV/STD Prevention and Screening Program, Delivery of Primary Care Program, Prenatal Care Outreach and Advocacy Program, Breast, Cervical, Colorectal and Lung Cancer Screening and Education Programs, Diabetes Education and Screening Program, Nutrition Education, Cardiovascular Education and Disease Risk Reduction Program, Domestic Violence Coalition, Prevention and Intervention Programs, Family Planning Needs Assessment, Tobacco Prevention and Smoking Cessation Program, Medicaid/Managed Care Counseling Program, Medicaid Eligibility Assistance Program, Lung Cancer Screening and Education Program, Barriers to Women Health, Infant and Child Health Awareness Program, Stroke Awareness and Risk Reduction Outreach Program and the Biennial National Conference on Health Issues in the Arab American Community: Challenges, Opportunities and Strategies

*Volunteer Professor/Consultant, Community-Based Public Health Division, School of Public Health, and University of Michigan, 1995-present: Lecturer covering community-based public health issues with emphasis on Arab American status and ethnicity and disease*

*Volunteer Consultant, European Commission for the Coordination of the East Jerusalem Hospitals, 2004-present: Conducting a strategic plan to efficiently and effectively operate Jerusalem-area hospitals.*

*Volunteer Consultant, American Cancer Society, Atlanta, 2005: Traveled and served as a cultural translator with the leadership of the National American Cancer Society and advised on Arab World cancer-related activities; countries visited included Egypt and Jordan, Palestine and Israel*

*Health Policy & Management Consultant, Harvard Institute for International Development, 1995-1997: Established a macro-health and policy management system for the newly emerging Palestinian Health Authority*

*Senior Health Planner, Planning and Research Center on Health Services, Jerusalem, 1992-1995: Established and managed macro and micro health management policy*

programs. Projects included National Health Plan for the Palestinian people, National Health Accounting system at the hospital and primary care levels, and National Health Insurance System.

*Assistant Professor, Health Services Management, Arab College for Medical Professions, Al-Quds University, Jerusalem, 1992-1994:* Taught courses in health services management, supervised more than 15 research projects

*Managing Director, Makassed Hospital, Jerusalem, 1989-1992:* Managed 250-bed secondary and tertiary hospital and 9 regional Community Health centers with 750 employees, and J.D. \$50 million annual budgets

*Teaching/Research Assistant, Health Services Management Unit, University of Manchester, UK, 1986-1989:* Lectured in health services management, supervised graduates students research work

*Lecturer, Department of Education and Psychology, Birzeit University, Birzeit, West Bank, 1984-1985:* Lectured in the field of applied psychology

#### **AFFILIATIONS AND CONSULTING EXPERIENCE**

International Program Chair, ACCESS Arab Health Summit- Women Health, Dearborn, Michigan, November 8-10, 2020.

International Program Chair, ACCESS Arab Health Summit- Global Health Call to equity and Social Justice, Washington DC, September 16-19, 2018

Michigan State University-Community Senior Fellow, April 2015 – present

University of Michigan School of Public health's Practice Advisory Council, October 2011 – present

World Health Organization (WHO) Eastern Mediterranean Office, Advisory Committee on Health Research, October 2010-present.

Board Member, Michigan Public Health Institute, Lansing, Michigan 2008-2014.

Chairman, 7<sup>th</sup> International Conference on Health Issues in Arab Communities, Muscat, Oman, March 1-7, 2015.

Chairman, 6<sup>th</sup> International Conference in Health Issues in Arab Communities, Aleppo, Syria, May 1-8, 2011

Board Member, American Cancer Society, Notional, November 2009-2011

New Detroit Leadership graduate class of 30 June 2009

Chairman 5<sup>th</sup> Biennial National Conference on Health Issues in the Arab American Community, November 6-7, 2008, Dearborn, Michigan

Chairman of the 4<sup>th</sup> Biennial National Conference on Health Issues in the Arab American Community, May 9-13, 2006, Dearborn, Michigan

Board Member, American Cancer Society, Great Lakes Division and Great Shores Division, November 2005-2017

Detroit Wayne County Health Authority (DWCHA): Appointed member to the Provider Advisory Committee of the DWCHA, 2004-2014

Steering Committee Member, "Innovative Approaches to Eliminate Racial & Ethnic Health Disparities" University of Michigan, Michigan, 2004

Chairman, 3<sup>rd</sup> Biennial National Conference on Health Issues in the Arab American Community, October 23-28, 2003, Dearborn, Michigan

Board Member, WSU College of Nursing, Detroit, Michigan, 2003-2007

Board Member, Karmanos Cancer Institute, Detroit, Michigan, 2003- present

Member, Governance Committee, Michigan Cancer Consortium, 2004-present

Advisory Board Member, Blue Cross Blue Shield of Michigan, Detroit, Michigan, 2003-2013

Board Member, American Near East for Refugee Aid (ANERA)'s Health Committee, September 2002-present

Board Member, Arab American Nursing Association, March 2002-2005

Board Member, Greater Detroit Area Health Council Board, MI, September 2002-2007

President, National Arab American Medical Association- Michigan Chapter, 2003

Advisory Council Member, Detroit Medical Center, Detroit, Michigan, April 2002-2014

Member, Health Wayne, Wayne County Department of Public Health, Wayne County, Michigan, August 2001-2014.

Chairman, 1<sup>st</sup> National Conference on Health Issues in the Arab American Community, "Challenges, Opportunities, Strategies" April 30-May 1, 1998, Southfield, Michigan

Chairman, 2<sup>nd</sup> National Conference on Health Issues in the Arab American Community, May 11-12, 2001, Dearborn, Michigan



Executive Committee Member, Michigan Cancer Consortium, Michigan Department of Community Health, Lansing, Michigan, 2001-2003

Member, Detroit Wayne County Mental Health Board, Detroit, Michigan, 2001-2013

Board Member, National Arab American Medical Association - Michigan Chapter, 2000-2004

Board Member, Voices of Detroit Health Initiative, Detroit, Michigan 1999-present

Board member, American Lung Association, Michigan 1999-2004

Member, Wayne County Community Health Council, Wayne County Health Department, Michigan, 1988-2014.

Member, School of Public Health Community-Based Public Health Committee, University of Michigan, 1997-2002

Board Member, Prevention Coalition of Southeast Michigan (PREVCO), 1998-2000

Board Member, Michigan Cancer Consortium, Michigan Department of Community Health, Lansing, Michigan, 1997-2005

Member, Michigan Cancer Consortium's Lung Cancer Advisory Committee, Community Public Health Agency, Lansing, Michigan, 1997-1999

Member, Breast Cancer Resource Task Force, Barbara Ann Karmanos Cancer Institute, Detroit, 1996-2014

Member, Southeast Michigan Cancer Services Task Force Work Group on Access to Cancer Services, 1996-1998

Member, Advisory Committee, the Robert Wood Johnson Foundation, Partnership for Training- Detroit, Michigan, September 1996-1999

Member, National Arab American Medical Association, Michigan Chapter, 1995-present

Coordinating Committee Member, Healthy People Healthy Oakland, Oakland County, Michigan, October 1995-1998

Advisory Board Member, Wayne County Health Summit Design Group, Wayne County Health Assessment Project. Wayne County-Michigan, 1995-1996

Board Member, Wayne County Smoking and Tobacco Intervention Coalition (WC/S.T.I.C) August 1995-214.

Member, Tobacco Free Michigan Action Coalition (TFMAC), Michigan, August 1995-2014.

Member, Palestinian Health Legislation and Administration Committee, 1993-1994

Member, Palestinian National Health Research Committee, 1993-1994

Co-founder & board member of the Palestinian Public Health Association, 1993-1994

Member, Canadian Public Health Association, 1993-1995.

Co-founder and Board Member, Palestinian Management Institute, 1994

Member, International Coordinating Committee for NGOs on the Question of Palestine, I.C.C.P., Geneva, Switzerland, 1988-1994.

Member, Management Information System, Steering Committee (Hebron Project), 1993-1994

Co-founder & board member, Kalandia Refugee Camp Charitable Association, Ramallah, West Bank, 1993-1994

Research Supervisor, 15 Post-graduate projects in Nursing Management Studies at Al-Quds University School of Nursing, 1993-1994

Founder & Principal Investigator, Palestine Health Services Management Training Unit, 1992-1994

Co-founder, Palestine Public Health Association, Jerusalem, 1992-1994.

**HEALTH SERVICES MANAGEMENT TRAINING (1985-1990)**

Birch Hill Hospital, Rochdale, Manchester, UK, 1986-1997

St. Mary's Medical Center, Central Manchester, UK, 1985-1986

Withington Medical Center, South Manchester, UK, 1985-1986

Stepping Hill Medical Center, Stockport, Manchester, UK, 1986

Stockport Royal Infirmary (Emergency Unit), Stockport, Manchester, UK, 1986

San Augustin Hospital, Aviles, Asturias, Spain, 1989

Makassed Hospital, Mount of Olives, East Jerusalem, 1988

El Mowasah University Medical Center, Damascus, Syria, 1990

Jordan University Medial Center, Amman, Jordan, 1990

Islamic Hospital, Amman, Jordan, 1990

## **RESEARCH SUPPORT**

**Adnan Hammad, Co-Investigator (PI: Virginia Rice, Ph.D.) The NIDA R-15 August 1, 2012** August 2016. Grant is on a 'no-cost' extension until August 15, 2016 making a total of 4 years (2012-2016). National Institute on Drug Abuse- National Institute of Health R15DA032822.

Total budget = \$440,812. The Purpose of this study is to test the hypothesis that Water Pipe Smokers WPS with or without cigarette smoking negatively affects lung function and health compared to never smoking. A second hypothesis proposes that adolescents who smoke water pipes will show differing patterns, frequency, and intensity of product use compared to cigarette smokers and will show similar or worse health problems. Methods: A comparative four-group study design based on tobacco use (i.e., WP smoking, cigarette smoking, WP + cigarette smoking, and never smoking) is being used to recruit 600 18-21 year old adolescents from the university and several community settings. In addition to demographic and health information, a detailed tobacco use history is obtained. After height and weight are measured Saliva Nic-Alert\* (to validate tobacco use) and Pulmonary Function Tests (PFT) are performed.

**Adnan Hammad: Co-Investigator (Principal Investigator Bengt Arnetz, Ph.D.).**

Percent effort 5%, August 2012 August 2015. National Institute of Environment Health sciences of the National Institute of Health. Grant number: P30ES02095. Total Project Cost \$170,000.00.

“ To determine the relationship between environment exposures, respiratory health, and health care utilization in vulnerable group of young Arab Americans with physician diagnosed asthma”. The study was funded by a grant from the University Research Corridor (URC) of Michigan (Wayne State university SPA Index Number: 177595), entitled the Center for Urban Responses to Environmental Stressors, from the National Institute of Environmental Health Sciences of the National Institutes of Health,

**Adnan Hammad: Co-Investigator (PI: Karen Patricia Williams, PH.D)**

**Percent Effort 5% August 1, 2010-June 30, 2015**

**National Institute of Nursing Research 1R01NR011323-01A2 Total Project Cost \$2,243,890**

“ The Kin Keeper: Reducing Disparities through Cancer Literacy and Screening”: The proposed study focuses on testing the efficacy of the kin Keeper Cancer Prevention Intervention in increasing the functional breast and cervical cancer literacy among Black, Latina and Arab women living in the United States. Examining the complexities of cancer disparities requires going beyond studying and designing interventions under perfect but unrealistic conditions to measuring their effectiveness within the context of their intended use in a real life environment. 16 The current study will investigate the effectiveness of the Kin Keeper Cancer Prevention Intervention, a female family-focus educational intervention for medically underserved women applied in a real world setting, using a randomized control trial design.

**Adnan Hammad: Co-Investigator (PI: Bengt Arnetz, MD, PhD) 1R01MH085793 - 01A2**

**Percent Effort: 5% (In-Kind) August 1, 2010-June 30, 2014**

**National Institute of Health (NIH) . Total Direct Cost – \$ 2,600,000**

“Mental Health in Iraqi Refugees: Importance of Post-Displacement Social Stressors” with Wayne State University and ACCESS as implementing agency: The overall objective of this research is to compare mental health over time in a random sample of newly arrived Iraqi refugees and legal Middle East immigrant control. The long-term goal of this research is to further our understanding of post-displacement institutional risk and resiliency factors for mental health.

**Principal Investigator: Adnan Hammad**  
**Percent Effort: 5%. October 2010- September 2011**

**Michigan Department of Community Health. Total Direct Annual Cost: \$48,000**

“Health Disparities Reduction and Minority Health Capacity Building for Arab American Community”

The goal of this study is to continue identify and address health inequalities as they affect the Arab/Chaldean population in Michigan by improving race/ethnicity/preferred language data collection and accessibility for the purpose of identifying health inequalities impacting Michigan’s Arab/Chaldean population. This will be done by conducting a BRFS-type data collection project of approximately 350 Arab/Chaldean residents in the geographic area of Wayne, Oakland and Macomb counties.

**Adnan Hammad: Co-Investigator (PI: Anne Victoria Neale, PhD, MPH)**

**Percent Effort: 3%. August 1, 2010-June 30, 2012**

**Wayne State University School of Medicine. Total Direct Cost: \$100,000**

“Recruitment and Retention Best Practices in Primary Care Settings”: The aim of this research is to develop tentative best practices for recruiting and retaining Arab/Americans in research studies.

**Principal Investigator (Adnan Hammad)**  
**Percent Effort: 5%. January 1, 2009-December 1, 2011**

**Kellogg Foundation. Total Direct Annual Cost: \$150,000**

“The National Health Policy Training Institute for Communities of Color”: The aim of this project is to provide The National Health Policy Training Institute for Communities of Color (The Alliance), created by Families USA Foundation (Families USA), the Health Policy Institute at the Joint Center for Political and Economic Studies (HPI), the National Association of Latino Elected and Appointed Officials Education Fund (NALEO), and the National Medical Association (NMA) to strengthen the capacity of African-American, Arab American and Latino community leaders to become engaged in and address health policies affecting their communities and to train leaders to serve as a resource on minority health.

**Adnan Hammad: Co-Investigator (PI: Victor Balaban, PhD)**

**Percent Effort: 5%. October 2009-March 2010**

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**Center of Disease Control (CDC) Total Project Cost \$72,000.00**

“Health Knowledge, Attitudes and Practices of US Travelers to Hajj”

The purpose of this study is evaluating the health information provided by ACCESS to Hajj travelers. Recognizing that the impact of health communication is generally enhanced when it is targeted or tailored to the needs of a specific population, this evaluation will help to improve the health information provided by ACCESS in order to better address the needs of this population of travelers.

**Adnan Hammad: Co-Investigator (PI: Aasim Padilla)**

**Percent Effort: 3% , March 2009-February 2010**

**University of Michigan School of Medicine Total Project Cost: \$60,000**

“Muslim Health Beliefs & Healthcare Seeking Practices – Interactions with & Implications for the US Healthcare System”: The aim of this study is to identify beliefs about health and illness and health practices within the Muslim American community; to better understand how these beliefs and practices affect healthcare-seeking in Muslim Americans; and to identify clinical scenarios or healthcare areas that may present challenges to Muslim patients.

**Principal Investigator (Adnan Hammad)**

**Percent Effort: 10%. August 1, 2004-January 2010**

**Center for Disease Control and Prevention (CDC). Total Direct Cost: \$500,000**

“Increasing Knowledge of HIV Serostatus in Arabic-Speaking High Risk Population”: The goal of this project is to reduce the morbidity of STD/AIDS/HIV among at risk population of Arab American community of Southeastern Michigan and educating the community about this fatal epidemic.

**Principal Investigator (Adnan Hammad)**

**Percent effort: 5%. January 1, 2008-January 1, 2010**

**Blue Cross Blue Shield of Michigan. Total direct annual cost: \$50,000**

“Argile Use among Members of the Arab American Community of Southeastern Michigan”: The aim of this research intervention is to increase community awareness and change the cultural norms in the City of Dearborn regarding the harmful effects of Hookah use within the community; the following targeted groups will be served to increase community awareness and educate the community on the harmful effects of Hookah and to change the cultural norms and positive perceptions of Hookah use and/or abuse within the community.

**Principal Investigator (Adnan Hammad)**

**Percent Effort: 5% . August 2008-December 2009**

**Office of Refugee Resettlement (ORR) . Total Project Cost: \$350,000**

“Iraqi Refugees Supplement Project”: The aim of this project is to provide community resources and enhanced services to improve the overall lifestyle and skills of Iraq

refugees who have settled in the four counties of southeastern Michigan. These recent refugees will be welcomed, oriented and enrolled in specific programs to provide education and assistance with adapting to American society. At least 150 (units) unduplicated refugees from Iraq over the 17-month period will be served

**Adnan Hammad: Co-Investigator (PI Karen Williams, PhD) . September 2008-October 2010**

**Percent Effort: 5%. Total Direct Cost: \$238,645**

**National Institute of Nursing research 1R21NR010366-01A2**

“Reducing Health Disparities: Survey Validation for Black Latina and Arab Women”: The aim of this study is to refine and test psychometric properties of two newly created instruments in three language versions with Black, Latina, and Arab women as well as assess their screening outcomes. The study also addresses the issues of health disparities, by investigating the psychometric properties of newly created instruments, with Black, Latina and Arab women in three languages.

**Adnan Hammad: Co-Investigator (PI: A. Kulwicki) Blue Cross and Blue Shield of Michigan. July 2006-September 2009**

**Percent Effort: 5%. Total Direct Annual Cost: \$150,000**

“Domestic Violence Risk Assessment of Arab American Women Residing in Michigan”: The goal of this research project is to develop a risk assessment tools to help prevent domestic violence incidents among members of Arab Americans living in the USA.

**Principal Investigator (Adnan Hammad)**

**Percent Effort: 5%. January 1, 2009-December 30, 2009**

**Kellogg Foundation. Total Direct Annual Cost: \$250,000**

“Enhancing the Capacity Building of ACCESS Community Health and Research Center to Serve the Arab American Community of Southeast Michigan”: The purpose of this project is to better meet the needs and challenges of Arab American community currently faces related health, well-being, and material hardship during this time of an increasingly distressed economy.

**Principal Investigator: (Adnan Hammad)**

**Percent Effort: 5%. November 1, 2008-December 30, 2009**

**Michigan Institute of Public health. Total Direct Annual Cost: \$82,000**

“Colorectal Cancer Awareness Campaign among Special population in Michigan”: Due to cultural barriers and limited access to health care, the colorectal screening rates for this minority population are less than expected and far below the general population in Michigan. The aim of this research intervention is to describe the geographic area and minority populations and increase colorectal cancer screening rates for Arab Americans residing in the tri-county areas: Wayne, Macomb and Oakland Counties.

**Adnan Hammad: Co-Investigator (PI Linda Japer, PhD)**

**Percent Effort: 5% August 1, 2007-July 2009**

**National Institute of Health (NIH). Total Direct Annual Cost: \$350,000**

“DPP lifestyle intervention to Arab Americans in Southeastern Michigan”: The

significance of this research is the demonstration of the successful dissemination of a community-based, culturally sensitive version of the established DPP interventions to a culturally unique population with potential application to other high-risk ethnic minorities. The aims of this study are to investigate the effects of an educational intervention targeting knowledge and health beliefs on the willingness to engage in and complete a diabetes prevention intervention; to determine the feasibility and acceptability of a community-based and culturally-specific lifestyle intervention aimed at diabetes prevention; and to provide pilot data needed to design a future large-scale clinical trial aimed at reducing the incidence of diabetes in this high-risk community.

**Adnan Hammad: Co-Investigator (PI: Suzanne Mellon, Ph.D., R. N)**

**Percent Effort: 5%. October 1, 2006-September 30, 2008**

**Suzan Kaman Foundation. Total Direct Cost: \$66,280**

“Hereditary Breast Cancer: Increasing Awareness and Reducing Barriers of Access to Breast Cancer Assessment in the Low Income Arab American Community”: This project aims at increasing knowledge and awareness of hereditary breast cancer risk factors; reducing barriers of access to breast cancer risk assessment and cancer genetic counseling services for at-risk individuals in the low income Arab American community in southeastern Michigan, providing hereditary breast cancer risk assessment for women at risk for hereditary breast cancer, and providing genetic counseling to those women who would otherwise not have access to these services.

**Adnan Hammad: Co-Investigator (PI: Virginia Rice)**

**Percent Effort: 10%. October 2004-September 2006**

**Blue Cross-and Blue Shield of Michigan. Total Direct Annual Cost: \$175,642.18**

“Development /Evaluation of Arab American Cancer Awareness”: The aim of this research intervention is to develop and evaluate a bilingual literacy appropriate and culturally competent cancer awareness program for cancer prevention and screening behavior in Arab American adults.

**Adnan Hammad: Co-Investigator (PI: Hikmet Jamil)**

**Percent Effort: 10 %. August 1, 2004-July 2005**

**Pfizer Corporation. Total Direct Cost: \$ 50,000**

“Health Assessment of Iraqi Americans Residing in Michigan”: The goal of this research project is to determine the health and mental health status of the Iraqi refugees residing in the metropolitan area.

**Primary Investigator (Adnan Hammad)**

**Percent Effort: 15% . August 1, 2000-June 15, 2004**

**National Institute of Environmental Health Sciences. Total Direct Annual Cost: \$194,182**

“Environment Impacts on Arab Americans on Metro Detroit”: The major goal of this project is aimed at increasing environmental health awareness, reducing adverse health effects of disproportionate exposure to environmental hazards on low income Arab Americans in Metro Detroit.

**Adnan Hammad: Co-Investigator (PI: Virginia Rice)**  
**Percent Effort: 15%. June 1, 2000-May 31, 2004**  
**National Institute of Child Health & Human Development.**  
**Total Direct Annual Cost: \$258,151**

“Arab American Youth: Tobacco Use and Intervention”: The goals of this community-based, theory-driven research are to examine cultural, personal, social and environmental forces operation in at risk habitual tobacco use among Arab American youth and to test the effects of a tobacco cessation intervention on smoking behavior at three, six and twelve months post-intervention.

**Adnan Hammad: Co-Investigator (PI: Linda Jaber)**  
**Percent Effort: 5%. January 1, 2000-December 31, 2003**  
**American Diabetes Association. Total Direct Cost: \$100,000**

“Epidemiology of Diabetes and Its Risk Factors among Arab American Community of Dearborn, Michigan”: This project aims at studying the frequency of diabetes, its risk factors and other associated disorders, such as cardiovascular abnormalities.

## **SELECTED PEER REVIEW PUBLICATIONS (from a list of 200)**

### **BOOK CHAPTERS**

**Mark Lumley, Maisa Ziadni, Cynthia Arfkin, Adnan Hammad, Health Psychology of Arab Americans: The Interface Between Psychology and Medicine. Handbook of Arab American Psychology, First published 2016 by Routledge Taylor and Francis Group, London and New York 2016**

**Adnan Hammad, Manal Said, Cynthia Arfken, “Health Disparities and Advocacy in the Arab American Community of South East Michigan”, Biopsychosocial Perspectives on Arab Americans: Culture, Development and Health. Copy Right, Springer Science and Business Media, New York, 2014.**

**Adnan Hammad, Manal Said, Virginia Rice, Cynthia Arfken, “Substance Abuse in Arab American Community”, Biopsychosocial Perspectives on Arab Americans: Culture, Development and Health, Copy Right, Springer Science and Business Media, New York, 2014.**

### **PEER REVIEW JOURNALS**

SUSAN DORR GOOLD,\* C. DANIEL MYERS,† MARION DANIS,‡ JULIA ABELSON,§ STEVE BARNETT,|| KAREN CALHOUN,# ERIC G. CAMPBELL,\*\* LYNETTE LaHAHNN,†† **ADNAN HAMMAD**,‡‡ RENE PE´ REZ ROSENBAUM,§§



HYUNGJIN MYRA KIM,<sup>|||</sup> CENGIZ SALMAN,<sup>\*</sup> LISA SZYMECKO,<sup>##</sup> and ZACHARY E. ROWE<sup>\*\*\*</sup>

<sup>\*</sup> *Center for Bioethics and Social Sciences in Medicine, University of Michigan;* <sup>†</sup> *University of Minnesota;* <sup>‡</sup> *National Institutes of Health;* <sup>§</sup> *McMaster University;* <sup>||</sup> *McKenzie Health System;* <sup>#</sup> *Michigan Institute for Clinical & Health Research, University of Michigan;* <sup>\*\*</sup> *Harvard Medical School and Mongan Institute for Health Policy Center, Massachusetts General Hospital;* <sup>††</sup> *Ausable Valley Community Mental Health Authority;* <sup>‡‡</sup> **Global Health Research, Management & Solutions;** <sup>§§</sup> *School of Planning, Design and Construction, Michigan State University;* <sup>|||</sup> *Center for Statistical Consulting & Research, University of Michigan;* <sup>##</sup> *Michigan State University;* <sup>[L] \* \* \* Friends of Parkside .</sup>

**“Members of Minority and Underserved Communities Set Priorities for Health**

**Research”** The Milbank Quarterly. A multidisciplinary Journal of Population Health and Health Policy, December 2018.

Virginia Hill Rice, Ph.D., R.N, Thomas N. Templin, Ph.D., Janet K. Harden, Ph.D., R.N., Elizabeth S. Jenuwine, Ph.D., Ibrahim Abdulhamid, M.D., Adnan Hammad, Ph.D.

**“Health Effects Reported by Adolescent Water Pipe and/or Cigarette Smokers Compared to Nonsmokers” Adolescent Health Journal, In Press, October 2018.**

Goold, Susan Dorr; University of Michigan, General Medicine; Rowe, Zachary; Friends of Parkside, Szymecko, **Hammad Adnan; ACCESS and Global Health Research and Solutions**, Lisa; University of Michigan, General Medicine and CBSSM; Coombe, Chris; University of Michigan, Health Behavior and Health Education; Danis, Marion; National Institutes of Health-Clinical Center, Clinical Bioethics; Calhoun, Karen; City Connect Detroit and Michigan Institute for Clinical and Health Research, Salman, Cengiz; University of Michigan, General Medicine and CBSSM, Campbell, Terrence. **“The State as Community in Community-based Participatory research”** Journal: Progress in Community Health Partnerships: Research, Education, and Action” Fall 2017. Manuscript ID: PCHP-WIP-0031-201.

Zambrana, R., Meghea, C., Talley, C.H., **Hammad, A.**, Lockett, M. Williams, K.P. “Association between Family Communication and Cancer Health Literacy among Underserved Racial Ethnic Women”. Journal of Health Care for the Poor and Underserved. 26: 391-405, 2015.

Williams, K.P., Roman, L., Meghea C., Penner, L., **Hammad, A.**, Gardiner, J. Kin

Keeper<sup>SM</sup>: “Design and Baseline Characteristics of a Community-Based Randomized Controlled Trial Promoting Cancer Screening in Black, Latina, and Arab Women”. Journal of Contemporary Clinical Trials. 34, 312-319, 2013.

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Basim Dubaybo, Editor in Chief, **Adnan Hammad**, Co-Editor-in-Chief, Proceedings of the 5<sup>th</sup> International Conference on Health Issues in Arab Communities, ACCESS Health Journal, Preliminary Issue, April 2010

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Sakr W, **Hammad A**, Basset, D., Yassine M. “**Co-editor**: Proceedings of the Fourth Biennial National Conference on Health Issues in the Arab-American Community” Ethnicity & Disease, International Journal on Population Differences in Disease Patterns. Vol. 17, No. 2, Supplement 3. Summer, 2007.

Hill Rice V, Templin, T, **Hammad A**, Weglicki L, Jamil H, Abou-Medien S. “Collaborative Research of Tobacco Use and Its Predictors in Arab and Non- Arab American 9<sup>th</sup> Grades” International Journal on Population Differences in Disease Patterns. Vol. 17,

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Kira I, **Hammad A**, Lewandowski L, Templin T, Ramaswamy V, Ozkan B, Mohanesh J. “The Physical and Mental Health Status of Iraqi Refugees and Its Etiology.” International Journal on Population Differences in Disease Patterns. Vol. 17, No. 2, Supplement 3. S3-79, Summer, 2007.

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### **PEER REVIEW ABSTRACTS**

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Rouba Ali Fehmi, May Yassine, Basim Dubaybo, Hassan Fehmi, **Adnan Hammad**, Mouhannad Hammami “Caring Effectively: Supporting Communities to Achieve Equitable Health Outcomes” ACCESS Arab Health Summit: A Call to Action for Health Equity and Social Justice. Washington DC, US, September 16-19, 2018.

Miles McNall, Halima Al-Hinai, Bengt Arnetz, **Adnan Hammad**, Belgacem Sabri. Promoting Partnerships Between Academic institutions, NGO’s and Relieve Agencies” ACCESS Arab Health Summit: A Call to Action for Health Equity and Social Justice. Washington DC, US, September 16-19, 2018.

Kim Jaffee, **Adnan Hammad**, Hiam Hamade, Miri Cohen, and Faisal Azaiza. “ Cultural Barriers to Breast Cancer Screening Among Arab American Women”. 7<sup>th</sup> International Conference on Health Issues in Arab Communities, Muscat, Sultanate of Oman, March 1-5, 2015.

Ruth Zambrana, Cristian Meghea, Karen Patricia Williams, **Adnan Hammad**, Hiam Hamade. “Family Communication and Cancer Literacy” 7<sup>th</sup> International Conference on Health issues in Arab Community, Muscat, Sultanate of Oman 1-5, 2015.

Bengt Arnetz, Jack Harkema, Masako Morishita, Hikmet Jamil, Kathleen Slonager, **Adnan Hammad.** “ Impact of Air Pollution on Asthma in Arab Americans” 7<sup>th</sup> International Conference on Health Issues in Arab Community. Muscat Sultanate of Oman, March 1-5, 2015.

Virginia Hill Rice, PhD, RN (PI), <sup>1</sup> Janet K. Harden, PhD, RN,<sup>1</sup> Ibrahim Abdulhamid,

MD, MPH,<sup>2</sup> Thomas Templin, PhD,<sup>1</sup> Liza Jenuwine, MLIS, PhD,<sup>1</sup> **Adnan Hammad, PhD,**<sup>3</sup> Elizabeth Lucas, RRT, LRT,<sup>2</sup> Julie Nutting RRT, LRT,<sup>2</sup> Dinesh Billlore, RRT, LRT,<sup>4</sup> Karimeh Talebi, RRT, LRT,<sup>4</sup> Maha Albdour, RN, APHN-BC,<sup>5</sup> Dalia Alhasanat, MSN, RN,<sup>5</sup> Sumayya Attaallah, MSN, RN,<sup>5</sup> Mariam Ismail, MHSA,<sup>3</sup> Jacqueline G. Moody MSN, RN,<sup>5</sup> Saba Muzib, BA,<sup>1</sup> Ann Najjar, BA,<sup>3</sup> Ola Saad , BA,<sup>3</sup> Shahrezad Timraz MSN, RN. "Health Effects of Adolescent Water Pipe and/or Cigarette Smoking Compared to Never Smoking: Dose Responses Analysis" Wayne State University School of Nursing, Wayne Sate 2015.

**Hammad, A.**, Williams, K.P. ACCESS's Global Health Model and its Impact through Research Capacity Building – Kin Keeper<sup>SM</sup> Case Study. NAAMA 27<sup>th</sup> International Medical Convention. Health without Boarder: Health Cancer Delivery in the Time of Globalization. Vienna Austria, June 29-July 4, 2013.

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Farid Shamo, **Adnan Hammad**, Janet Kiley, Sonji Lynn Revis, Kathie Boynton. "Examining Lifestyle Behavior Among Arab and Chaldean American Communities in Metro Detroit, Michigan" 6<sup>th</sup> International Conference in Health issues in Arab American Community, Dearborn In, Dearborn, Michigan October, 2012.

Karen Patricia Williams, **Adnan Hammad**, Anahid Thomas Laveist, Arthur Mabiso. "Measuring Medical Mistrust: Possible Implications for Breast cancer Screening" 5<sup>th</sup>

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### **Oral Presentations (Selected List)**

The Displacement and Emergencies in the MENA Region and Their Impact on Mental Health. The Psychosocial Wellbeing and Mental Health. Interaction between Children, Parents, and the Environment. 12 Annual Conferences on Mental Health, Beirut, Lebanon, October 19-20, 2018.

Seminar on Health Policy: the Power for Change. American University of Beirut Faculty of health Sciences, Beirut Lebanon, October 24, 2018.

American Health Status: Community—Based Models. American University of Beirut, Faculty of Health sciences. October 26, 2018

Improving Health Status Through Community-Based health Research and Education: Global Health Experience. Presented to: King Saud Bin Abdulaziz University for Health Sciences. October 18, 2017.

Health Status of Arab Americans in South East Michigan: Community-Based Experience. Presented to : Saginaw University school of health Sciences , Michigan ,

Arab American Health Status and Related Disorders in South East Michigan. Presented to: Nebraska School of Public Health, of February 24<sup>th</sup>, 2014

Health Research Capacity Building: The Arab American Experience  
Boosting Research for Health in the New Arab World  
Bellagio Center, Italy, : February 26<sup>th</sup>-March 1<sup>st</sup>, 2013

Improving Health status through Community Education Interventions: Arab American Experience. Effective Communication in-patient centered health care delivery models at the MSMS foundation annual meeting, October 26, 2012

Arab American Health Status: Community-Based Health Model within a Cultural Framework” Presented to Wayne State University School of Pharmacy  
March 21, 2012

Culturally Appropriate Approaches for Delivery of Health Services to Immigrant and Minority Groups: Community-Based Models Highlighting Diabetes Intervention. Presented to: Third SEHA Health Conference, Abu Dhabi, United Arab Emirates, December 14, 2011.

Asthma Management in Dearborn South end Schools  
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Arab American Health Status and Related Disorders. Presented to Dubai Health Authority, Dubai, United Arab Emirates, May 13, 2008.

The Use of Glucose-Lowering Agents and Aspirin Among Arab Americans with Diabetes, Presented to Wayne State University School of Pharmacy. May, 11, 2006.

Increase knowledge of HIV serostatus and healthy behaviors among Arab-Americans. Presented to Michigan Department of Community Health, September 12, 2007.

Arab American Adolescent Tobacco Use (AATU), Wayne state University College of Nursing, May, 2005

ACCESS Experience in Highlighting Arab Americans Building Global Bridges to the Arab World, 8th Health Congress, Casablanca, Morocco, June 2004.

### **Languages**

**Fluent in English and Arabic**